

## Workshops Include:

- Traumainformed care training
- Forest bathing
- Youth & mental health
- Nature yoga
- Creating & using outdoor learning spaces
- Farm-based education
- Nature-based recreation
- Youth perspectives: nature and trauma
- Social-emotional learning outside

Baltimore's Cities Connecting Children to Nature team presents:

## NATURE NURTURES 2021

**Workshop Series** 

virtual & in-person

**JUNE - JULY** 

## **REGISTER HERE**

ALL WORKSHOPS
ARE FREE!

Fostering healing at the Intersection of Trauma-Informed Care, Outdoor Experiences, and Environmental Education

questions? email Anika kichter: anika.richter@baltimorecity.gov

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