

NATURE NURTURES 2021

Workshop: Healing in Nature - Perspectives from City Youth

Panelists:

Lanae Williams
Sade Parham
Shelah Johnson
Young Elder

Healing Youth Alliance

Facilitator:
Abby Cocke

Baltimore Office of
Sustainability

Attendees will learn:

- How to define trauma
- Healing through environmental connection
- Challenges of environmental healing in the inner city for youth



JULY 6, 2021
5 - 6 PM

Where:
Virtual

[links will
be emailed]

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HERE



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BALTIMORE, MD

NATURE NURTURES 2021

Workshop Summary:

A panel of youth from Baltimore City will define trauma, outline the benefits of engaging nature in coping and healing activities, and discuss the challenges that youth living in Baltimore City face in trying to find healing environments within the city.

From this workshop, attendees will gain a better understanding of healing in the environment and challenges youth face. Participants will have an increased understanding of how to create and implement nature based programming in Baltimore City.

Nature Nurtures 2021: Workshop Series

Learn more about Nature Nurtures and sign up for additional workshops here:

**ADDITIONAL
WORKSHOPS**

Questions? Contact Anika Richter at anika.richter@baltimorecity.gov



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