



NATURE NURTURES 2021

A workshop series
with Cities
Connecting Children
to Nature - Baltimore

June 18, 2021
10 - 11 am

Space is
limited, so
sign up ASAP!

REGISTER
HERE

Workshop:
**Youth and
Mental Health:
A Conversation**

Led by:
Nia Jones
**Black Mental
Health Alliance**

Where:
**In-person at
Whitelock Farm**

[all COVID-19 safety protocols
will be followed. This session
will be outdoors]

You'll learn:

- Healing Centered Engagement framework
- How to have a conversation about mental health with youth
- Mindful youth development

Cities
Connecting
Children to
Nature
BALTIMORE, MD



NATURE NURTURES 2021

Workshop Summary:

In this Nature Nurtures workshop, attendees will learn the basics of a Healing Centered Engagement framework. Attendees will also learn how to have a conversation about mental health with your youth, mindful youth development, and incorporating nature frameworks into mental health and healing.

Nature Nurtures 2021: Workshop Series

Learn more about Nature Nurtures and sign up for additional workshops here:



ADDITIONAL WORKSHOPS

Cities
Connecting
Children to
Nature
BALTIMORE, MD



#BLACKMINDSMATTER

Questions?
Contact Anika Richter at
anika.richter@baltimorecity.gov