NATURE NURTURES 2021
A workshop series with Cities Connecting Children to Nature – Baltimore

Workshop: Youth and Mental Health: A Conversation

Led by: Nia Jones
Black Mental Health Alliance

Where: In-person at Whitelock Farm
[all COVID-19 safety protocols will be followed. This session will be outdoors]

June 18, 2021
10 - 11 am

Space is limited, so sign up ASAP!

REGISTER HERE

You'll learn:
• Healing Centered Engagement framework
• How to have a conversation about mental health with youth
• Mindful youth development
Workshop Summary:

In this Nature Nurtures workshop, attendees will learn the basics of a Healing Centered Engagement framework. Attendees will also learn how to have a conversation about mental health with your youth, mindful youth development, and incorporating nature frameworks into mental health and healing.

Nature Nurtures 2021: Workshop Series

Learn more about Nature Nurtures and sign up for additional workshops here:

Questions?
Contact Anika Richter at anika.richter@baltimorecity.gov